



Integrative Aromatherapy[®] Certificate Program Prospectus

Purpose:

The purpose of this activity is to enable the learner to incorporate professional aromatherapy care to support personal and client wellness with an end-goal to integrate the skilled use of essential oils in health care, utilizing the nursing process.

Summary of Learner Objectives:

Participants will recognize how essential oils work therapeutically, the underlying science that supports their evidence-based applications, how to perform clinical intake assessments, develop integrative plans of holistic care, and create individualized therapeutic blends, to integrate aromatherapy in a private practice or clinical setting. The specific learner objectives are provided at the beginning of each lesson in the manual.

This Certificate Program includes a unique and extensive study of the art, science and bio-energetics of essential oils and their uses with an emphasis in:

- Principles of Holism, Integrative Medicine and Ethics
- Holistic Assessment, Consultation procedures and Case Studies
- Ethno-botany Origins of Medicine
- 100 Essential Oil Profiles
- Essential Oil Chemistry
- Role of Lymphatic System in Aromatherapy
- Principles of Research in Aromatherapy
- Personal Business Development
- Aromatic Embrocation[™] Techniques
- Long-term Care, Hospice and Cancer Support
- Holistic Family Health

Course Materials:

The all-inclusive program comes complete with all you need to complete your independent study and thirty-six (36) at-home blending practicums in creating twenty (20) aromatherapy products for personal use. You will use your own supply of pure essential oils for the case studies.

- Program Manuals, Two Volumes (540+ pages)
- Program Textbooks:

1. The Complete Guide to Aromatherapy/S. Battaglia, 2nd Edition, 2002.
 2. Aromatherapy: A Holistic Guide to Natural Healing with Essential Oils/V. Cooksley, 2015.
- 100 Essential Oil Profiles
 - 50 Essential Oils, 0.5 - 1ml vials
 - Practicum Blending Supplies: aloe vera, green clay, almond oil, fractionated coconut oil, castor oil, wool flannel, aroma inhaler, perfume roll-on applicator, incense, bottles/jars, scent strips, pipettes, & labels
 - Homework forms – electronic files

Successful Completion Requirements for CNE (Continuing Nursing Education):

- Completion of all coursework: 20 Case Studies (10 Basic, 10 Advanced), 2 Essential Oil Profiles, 2 Intervention Guidelines, 10 page Theme Paper, 36 Independent Blending Practicums and completion of Summary Form
- Achieving passing score on post-test (Passing score is: 80 %)
- Completion of Program Evaluation
- To be completed within 12 months

Continuing Education:

The Integrative Aromatherapy® Certificate Program is approved by the *National Association for Holistic Aromatherapy (NAHA)* for Levels 1, 2 and 3 curriculums.

This continuing nursing education activity was approved by the *American Holistic Nurses Association (AHNA)*, an accredited approver by the *American Nurses Credentialing Center's Commission on Accreditation*. Approved to award 320 contact hours through January 24, 2021.

Approval for contact hours through the *American Holistic Nurses Association (AHNA)* is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

Valerie Cooksley is the Approved Provider of Continuing Education with the *National Certification Board for Therapeutic Massage and Bodywork (NCBTMB)*, approved to award 325 educational contact hours for Licensed Massage Therapists.

The *Associated Bodywork and Massage Professionals* offers graduates professional liability insurance coverage.

Graduates qualify to sit for the *Aromatherapy Registration Council/ARC* national examination.

Endorsements:



This program has been peer-reviewed, and is endorsed by the American Holistic Nurses Association (AHNA)

Financial Disclosures:

Conflict of Interest (COI) Disclosure:

Valerie Cooksley, RN, OCN, FAAIM, CERT discloses she has no financial interest, arrangement or affiliation with any companies that would constitute a conflict of interest relative to the content of this educational activity.