

Integrative Aromatherapy® Certificate Program Prospectus

Purpose:

The purpose of this activity is to enable health professionals to learn advanced professional knowledge and skills in clinical and holistic aromatherapy for personal self-care, wellness management and maintenance of clients health issues, with the use of essential oils, integrated in the client's plan of care.

Summary of Learner Objectives:

Participants will gain knowledge on the therapeutic action of essential oils and the underlying scientific basis for their medicinal use. Utilizing the Nursing Process, the participant will learn to perform clinical intake assessments, prioritize health issues that lend themselves to the use of essential oils, develop an integrative plan of care that includes either single essential oils use or use of individualized therapeutic oil blends, select the appropriate method of application of the oils, and evaluate their effects and effectiveness for the health issue, whether practicing in a private or clinical setting.

The specific learner objectives are provided at the beginning of each lesson in the manual.

This Certificate Program includes a unique and extensive study of the art, science and bio-energetics of essential oils and their uses with an emphasis in:

- Principles of Holism, Integrative Medicine and Ethics
- Holistic Assessment, Consultation procedures and Case Studies
- Ethno-botany Origins of Medicine
- 100 Essential Oil Profiles
- Essential Oil Chemistry
- Role of Lymphatic System in Aromatherapy
- Principles of Research in Aromatherapy
- Personal Business Development
- Aromatic Embrocation™ Techniques
- Long-term Care, Hospice and Cancer Support
- Holistic Family Health

Course Materials:

The all-inclusive program comes complete with all you need to complete your independent study and thirty-six (36) at-home blending practicums in creating twenty (20) aromatherapy products for personal use. You will use your own supply of pure essential oils for the case studies.

- Program Manuals, Two Volumes (540+ pages)
- Program Textbooks:
 1. The Complete Guide to Aromatherapy/S. Battaglia, 2nd Edition, 2002.
 2. Aromatherapy: A Holistic Guide to Natural Healing with Essential Oils/V. Cooksley, 2015.
- 100 Essential Oil Profiles
- 50 Essential Oils, 0.5 - 1ml vials
- Practicum Blending Supplies: aloe vera, green clay, almond oil, fractionated coconut oil, castor oil, wool flannel, aroma inhaler, perfume roll-on applicator, incense,

- bottles/jars, scent strips, pipettes, & labels
- Homework forms – as MSWord documents sent electronically

Successful Completion Requirements for CNE (Continuing Nursing Education)

325 Contact Hours awarded

- 20 Case studies (10 basic, 10 advanced)
- 2 Essential oil profile outlines
- 2 Aromatherapy intervention guidelines
- Write an 10-page double-spaced theme paper
- 36 Blending practicums and Independent Study and Practice Summary
- Review Student newsletters
- Complete Program Evaluations
- Achieving passing score on post-test (Passing score is: 80 %)
- To be completed within 12 months

Continuing Education:

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Approval for contact hours through the American Holistic Nurses Association is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

The Integrative Aromatherapy® Certificate Program is approved by the *National Association for Holistic Aromatherapy (NAHA)* for Levels 1, 2 and 3 curriculums.

This program can be applied to the *American Holistic Nurses Credentialing Corporation's* (AHNCC) holistic continuing nursing education contact hour requirements to apply for, or renew, *Holistic Nursing Board Certification*.

Valerie Cooksley is the Approved Provider of Continuing Education with the *National Certification Board for Therapeutic Massage and Bodywork (NCBTMB)*, approved to award 325 educational contact hours for Licensed Massage Therapists.

The *Associated Bodywork and Massage Professionals* offers graduates professional liability insurance coverage.

Graduates qualify to sit for the *Aromatherapy Registration Council/ARC* national examination.

Financial Disclosures:

No one with the ability to control content of this activity has a relevant financial relationship(s) to disclose with an ineligible company.

Program Endorsements:



This program has been peer-reviewed, and is endorsed by the American Holistic Nurses Association.